

FORBES ROAD HIGH SCHOOL

ATHLETIC HANDBOOK

2022-2023

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FORBES ROAD HANDBOOK

PHILOSOPHY

As a District V member school, the Forbes Road School District athletics is viewed as an extension of the curriculum. Participation is seen as an opportunity for students to learn many of the essential lessons, which are considered life long skills. Athletics provide an excellent opportunity to practice and develop the traits of:

- * Sportsmanship
- * Teamwork
- * Responsibility
- * Positive Attitude
- * Perseverance
- * Character
- * Citizenship
- * Physical Fitness

These qualities are often difficult to practice in the classroom setting and are very important to success in life, careers, and promoting our way of living.

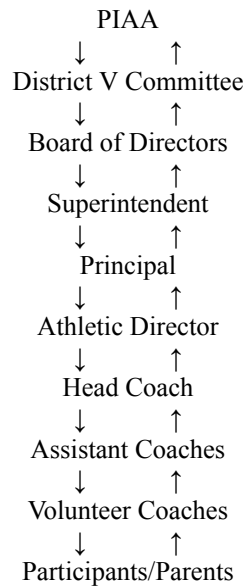
We view coaches as teachers and expect them to promote the development of students physically, mentally, and emotionally. Coaches are expected to model this kind of behavior with the principle that lessons are better “caught” than “taught”. Participants should leave the contest and practice arena feeling a sense of accomplishment in having given all they were able to in the activity. **We vest a high degree of responsibility in the varsity head coach of a program to provide leadership and set the tone for all levels of the program.**

OBJECTIVES

The Interscholastic Program at Forbes Road High School aims to:

- Contribute to the students’ recognition of the worth and dignity of the individual and of the value of cooperation.
- Develop good sportsmanship, citizenship, and teamwork.
- Practice self-discipline and emotional maturity learning to make decisions under pressure.
- Be socially competent and operate within a set of rules that result in gaining a respect for the rights of others.
- Foster student’s skills and talents.
- Enhance self-concept through students’ assumption of responsibility and achievement of goals.
- Teach problem solving within an ethical framework.
- Teach the attitude of commitment to a particular objective.
- Promote physical fitness and a positive attitude toward lifelong fitness and athletic participation.

HIERARCHY OF ATHLETIC SUPERVISION



By PIAA regulation, the principal answers to the PIAA as a regulatory agency for secondary school athletics.

ATHLETIC COURTESY

Athletics should foster clean sports. It is the privilege and duty of every person connected with athletics to exemplify these principles in that person's own actions and earnestly advocate them before others.

1. The rules of the contest are to be regarded as mutual agreements, the spirit of letter of which no honorable person would break.
2. No advantages are to be sought over others except those in which the contest is understood to show superiority.
3. Unsportsmanlike or unfair means are not to be used even when opponents use them.
4. Visiting teams are to honor guests of the home team, and should be treated as such.
5. No action is to be taken or course of conduct pursued, which would seem unsportsmanlike or dishonorable if known to one's opponent or the public.
6. Remember that student spectators represent their school the same as student athletes.
7. Any spectator who continually demonstrates poor sportsmanship may be removed. Any additional action may be taken at the discretion of the High School Principal.
8. Decisions of contest officials are to be abided by!
9. Contest officials and opponents are to be regarded and treated as honest in intention. In contests when opponents conduct themselves in an unbecoming manner, and when contest officials are manifestly dishonest or incompetent, future relationship with them should be avoided by the individuals or by the school.
10. Good points in others should be appreciated and suitable recognition given.
11. The practice of "booing" is regarded as discourteous and unsportsmanlike.
12. Follow the rules of athletic courtesy and all others found in the student handbook.

QUALITIES SOUGHT IN COACHES/ASSISTANT COACHES

- An understanding of the characteristics and behavior of students of the age they are coaching.
- An understanding of the role of athletics in students' lives and in the functioning of the school.
- High moral character to serve as a role model to students.
- Poses and demonstrates knowledge of the sport coached.
- An ability to work cooperatively with school officials, parents, other schools/coaches, and participants.
- Loyalty to the school, its officials, and the program coached.
- Organizational abilities
- Compleitive, but self-regulating personality.
- Team building qualities
- Knowledge of the PIAA rules and regulations.
- Appropriate Clearances

PIAA CODE OF ETHICS PERTAINING TO HIGH SCHOOL ATHLETICS

RESPONSIBILITIES OF THE HIGH SCHOOL PRINCIPAL

The Principal of each school, in all matters pertaining to the interscholastic athletic relations of the Principal's school, is responsible to the PIAA. The Principal may delegate some of these powers but such delegation shall not relieve the Principal of responsibility for any infraction against Policies and Procedures, and Rules and Regulations of the PIAA.

The Principal shall:

1. Have control over all interscholastic athletic relations in which the Principal's school participates.
2. Sanction all contests in which the Principal's school participates, and to notify the Executive Director of PIAA, within ten days, if the Principal's school has entered a contest, which the Principal has not sanctioned.
3. Exclude any contestant who, because violations of guidelines of the local School Board or Board having jurisdiction over the school, would not represent the Principal's school in a becoming manner, and also to exclude any contestant who has suffered serious illness or injury until that contestant is pronounced physically fit by the school's licensed physician of medicine or osteopathic medicine, or if none is employed, by another licensed physician or osteopathic medicine.
4. Be responsible for the treatment of all visitors and officials attending contests conducted by the Principal's school. Penalties may be imposed upon a member school whose Principal fails to provide reasonable protection for officials and visitors at home contests. If a contest is played at a neutral place, the Principals of the participating schools shall be held jointly responsible for this protection. In such a case, penalties may be imposed upon either or both of the schools.
5. Authorize a full-time professional employee of the Principal's school district to be the Game Manager of the team representing the school, unless the Principal acts as the Game Manager.
6. Authorize a representative to accompany the Principal's team to all contests.
7. Be responsible for certifying in writing the eligibility of all contestants in accordance with the By-Laws of the PIAA.
8. Shall have such other powers concerning interscholastic athletics within the Principal's school as are in keeping with the growth and needs of the school and which are consistent with the provisions of the Constitution, By-Laws, Policies and Procedures, and Rules and Regulations of the PIAA.
9. Be honest in the certification of players, refusing to certify any player where a lack of thoroughly reliable information makes possible his/her eligibility.
10. Endeavor to foresee possible misunderstandings with other schools and, as far as possible, settle them before they materialize.
11. Pass on to another school's athletic administration any seemingly reliable information, which calls in to question the eligibility of any of the other school's student-athletes.
12. Encourage the school's support of its teams.
13. Evaluate with the assistance of the athletic director, each varsity sport coach.

RESPONSIBILITIES OF THE ATHLETIC DIRECTOR

The Athletic Director shall:

1. Carry out the athletic policies of the Board of School Directors in accordance with the regulations of the PIAA and in cooperation with the secondary principal.
2. In conjunction with the principal, the director of athletics shall supervise all the activities of the athletic program. The Athletic Director may hire a Game Manager in their place.
3. Be responsible to the principals for all matters involving interscholastic athletics.
4. Represent their school at athletic meetings when assigned.
5. Along with the principal, prepare a budget each year to conduct the total extracurricular program.
6. Hold professional meetings with members of the athletic department.
7. Arrange schedules for all athletic contests, file contracts in the Athletic Director's office and approve the publication of all schedules.
8. Arrange transportation for all extracurricular teams, lodging and meals, as approved.
9. Contract for all home game officials and have checks prepared for them, including those assigned by the respective athletic chapters.
10. Maintain complete athletic records for all sports, including medical records and waivers.
11. Make recommendations for the improvements of facilities to the High School Principal.
12. Coordinate use and schedules of athletic facilities for all athletic contests.
13. Be responsible for publicity, press releases, and report schedules and rating sheets to the district tournament chair.
14. Attend all playoff games, meets, contests, or appoints a representative to act on their behalf.
15. Assume responsibility for game management at all home contests and for the accounting and deposit of gate receipts.
16. Be responsible for the coordination of the attendance of administrative personnel, i.e., ticket sellers/takers, announcers, security, game managers, trainer, medical doctor as necessary, maintenance, and officials.
17. Arrange with the school nurse for the opportunity for all athletes to have medical examinations.
18. Approve all recommendations for school sponsored athletic awards.
19. Evaluate all coach candidates for original appointments. The Athletic Director will be a member of the selection committee, unless involved in the activity.
20. Have a thorough knowledge of PIAA rules and regulations.
21. Review athletic policy and handbook annually.
22. Present changes in policy/practice to the High School Principal.
23. Treat visiting teams and officials as guests, promoting good sportsmanship within the district.
24. Cancels/postpones contracted contests, officials, and transportation due to inclement weather or other hazardous conditions.
25. Act as tournament manager for all assigned playoff activities or assign game manager.
26. Notify coaches of students' ineligibilities.
27. Along with the maintenance supervisor collect all keys and equipment from coaches at the end of their respective season.
28. Complete all paperwork related to the Business Office in a timely fashion or as requested.
29. Train any game managers.

RESPONSIBILITIES OF THE GAME MANAGER

The Game Manager shall:

1. Manage the overall supervision of the event.
2. Serve as facilitator to assure that all equipment and facilities are properly prepared.
3. Maintain spectator decorum and intervene as necessary to maintain proper order.
4. Arrive at the game or event 30 minutes prior to ticket sales.
5. Manage the setup of the ticket selling/collection function. Take custody of unsold tickets and money and secure according to the instructions of the Athletic Director.
6. Manage the setup of any special equipment (i.e., PA system, scoreboard controls, lights, etc.)
7. Distribute checks or other documents to officials, or others, as appropriate.

8. Remain in the immediate proximity of the event during the entire time from spectator arrival until final departure.
9. Manage emergencies and/or accidents as necessary.
10. Check the condition of facilities following events, especially the visitor's locker room and report exceptions to the Athletic Director.
11. Other necessary functions assigned by the Athletic Director/Principal.

RESPONSIBILITIES OF THE HEAD COACH

The Head Coach shall:

1. Teach appropriate protective skills, fundamentals, and conditioning techniques to participants.
2. Be responsible for the day to day operation of their program.
3. Mentorship the Junior Varsity, Junior High and Elementary programs. Including offense, defenses and skills that you want that coach to accomplish with their team.
4. Set a proper example of conduct for participants and fans. Promote good sportsmanship.
5. Follow a professional dress code.
6. Support school district procedures, policies, and decisions of the district administrative staff.
7. Refrain from the use of any obscene, vulgar, or abusive language, or behavior.
8. Attend PIAA mandatory rules interpretation meetings for the sport coached. The responsibility of paying any fine levied by the PIAA for non-attendance shall be the responsibility of the head coach.
9. Coaches should inspect playing fields, locker rooms, and other similar areas for safety hazards to report any problems they see. It is the school district's responsibility to investigate the problems reported and to make any necessary repairs and adjustments.
10. Notify Athletic Director or designee of all injuries within 24 hours. Properly attend to and report all injuries sustained by participants, cooperate fully in the treatment of those injuries and make a full and proper report of the injury on the form provided by the school.
11. Prepare and submit team roster. Inform the Athletic Director of any students that quit or are removed from the team.
12. Not permit any student to participate in any way in the sport until the student has submitted all necessary forms. This includes but is not limited to the CIPPE, Drug Test Permission form, the Athletic Code of Conduct, and team rules.
13. Have a thorough knowledge of all athletic policies approved by the PIAA and the Forbes Road Board of Education and are responsible for the implementation of these policies by their entire staff.
14. Understands the proper administrative chain of command and refers all requests or grievances through proper channels.
15. Govern the conduct of participants when they are under their jurisdiction, including the time on the buses.
16. Be present or assign another coach to supervise participants at all times during the activity. This provision includes being present when students arrive and being present until all students have left. Supervision is especially important in the locker rooms.
17. Appropriately discipline student athletes. Inform the Athletic Director of any disciplinary actions taken by coach or official.
18. Make participants aware of award criteria which should include how to earn a letter in the sport. Submit method of determining awards to the Athletic Director prior to the start of each season.
19. Keep an inventory of all athletic equipment and supplies
20. Recommend the amount and type of equipment to be purchased.
21. **Any item or service purchased without approval will be the financial responsibility and billed to the person making the purchase.**
22. Recommend the amount and type of equipment to be purchased.
23. Take responsibility for the custody and care of all related equipment. Advise the athletic director or principal of any necessary repairs.
24. Work with the athletic director in scheduling practices.
25. Take custody and provide security for all necessary keys. No key shall be duplicated without the approval of the building principal. Return all keys at the end of each season.
26. Serve as liaison between the Administration and any established booster group.

27. Obtain administrative approval for any changes associated with the program. (Changes may include but are not limited to adding players to your roster, participation of ninth graders, or the addition of program volunteers.)
28. Coordinate all program fund-raisers approved by Administration and submit all financial records.
29. Be responsible to collect and maintain all uniforms
30. Be in attendance and responsible for the preparation of all practices.
31. Call or text games into the Athletic Director in a timely manner, win or lose.
30. Make sure athletes wear the proper practice attire. Practice jerseys are recommended for all teams.
31. All practices should be scheduled through the Athletic Director.
32. Submit all requests for administrative or School Board approval of summer camps, clinics, etc. in a timely manner.
33. If a coach or athlete is ejected from a game, match or meet the athletic director should be notified by the head coach no later than the next day. A discussion will occur between the athletic director, principal, and individual ejected to discuss sanctions imposed by the PIAA and possibly the district.
34. **As mandated by the “Safety in Youth Sports Act” or Act 101 All Coaches (Varsity to volunteer) must take an approved concussion awareness course .
As mandated by the PA Legislature in Act 59 All Coaches (Varsity to volunteer) must complete training on Sudden Cardiac Arrest.**
35. **All coaches currently employed or engaged by a PIAA member school must complete two courses as provided above. Coaches will have two years from their date of hire to complete this requirement.**

The following continuing educational courses will be required for coaches engaged at a PIAA Member School (Effective July 1, 2016*): This includes All Coaches grades 7-12.

Core Courses (complete a coaching education course and a First Aid course from either of the two providers below, once completed please submit a certificate or transcript for approval to the PIAA by creating a coaches profile, directions below):

Note: ***NO SPORT SPECIFIC COURSES WILL BE ACCEPTED.***

NFHS (access info @ www.nfhslearn.com)

- [Fundamentals of Coaching \(\\$50\)](#)
- [First Aid, Health and Safety \(\\$45\)](#) * This must be kept up to date.

ASEP (access info @ [Human Kinetics](#))

- Coaching Principles (fee depends on instructor)
- Sport First Aid (fee depends on instructor)

*NOTE: All paid or volunteer coaches currently employed or engaged by a PIAA member school must complete two courses as provided above no later than June 30, 2018. First time coaches hired at any PIAA school after July 1, 2016, will have two years from their date of hire to complete this requirement.

RESPONSIBILITIES OF THE ASSISTANT COACH

The Assistant Coaches shall:

1. Assist the head coach in carrying out their responsibilities.
2. Demonstrate an appropriate loyalty to the head coach.
3. Shall be under the direct supervision of the head varsity coach for that sport, is expected to attend staff meetings and accept the role designated by the head coach and carry out all necessary responsibilities associated with that role.
4. Serve as head coach in their absence.
5. **As mandated by the “Safety in Youth Sports Act” or Act 101 All Coaches (Varsity to volunteer) must take an approved concussion awareness course after July 1, 2012, in order to coach in schools in Pennsylvania.**

6. **As mandated by the PA Legislature in Act 59 All Coaches (Varsity to volunteer) must complete training on Sudden Cardiac Arrest after July 1, 2012 in order to coach in schools in Pennsylvania.**
7. **All coaches currently employed or engaged by a PIAA member school must complete two courses as provided above. Coaches will have two years from their date of hire to complete this requirement.**

RESPONSIBILITIES OF VOLUNTEER COACHES

The Volunteer Coaches shall:

1. Assist the coaching staff in carrying out their responsibilities.
2. Demonstrate an appropriate loyalty to the coaching staff.
3. Carry out duties assigned by the coaching staff.
4. **As mandated by the “Safety in Youth Sports Act” or Act 101 All Coaches (Varsity to volunteer) must take an approved concussion awareness course after July 1, 2012, in order to coach in schools in Pennsylvania.**
5. **As mandated by the PA Legislature in Act 59 All Coaches (Varsity to volunteer) must complete training on Sudden Cardiac Arrest after July 1, 2012 in order to coach in schools in Pennsylvania.**
6. **All coaches currently employed or engaged by a PIAA member school must complete two courses as provided above. Coaches will have two years from their date of hire to complete this requirement.**

RESPONSIBILITIES OF THE CHEERLEADING ADVISORS

The Cheerleading Advisor shall:

1. Be directly responsible to the Athletic Director.
2. Schedule, organize, and conduct try-outs for the squad level using criteria approved by the Principal.
3. Be responsible for the care, use, and storage of all school equipment.
4. Supervise the squad at home and away interscholastic games and activities.
5. Direct pep rallies as requested by the Principal.
6. All other activities consistent with head coaching responsibilities
7. **As mandated by the “Safety in Youth Sports Act” or Act 101 All Coaches (Varsity to volunteer) must take an approved concussion awareness course after July 1, 2012, in order to coach in schools in Pennsylvania.**
8. **As mandated by the PA Legislature in Act 59 All Coaches (Varsity to volunteer) must complete training on Sudden Cardiac Arrest after July 1, 2012 in order to coach in schools in Pennsylvania.**

REGULATIONS FOR STUDENTS

SCHOOL BUS CONDUCT

Students are required to ride to and from athletic events on the bus provided by the school district for their transportation. Parents or guardians who wish to transport their own child home from an event must present themselves to the coach and inform him/her of that intention in writing. Unless prior arrangements have been made, in writing, the coach may only release the student to that student's parent or legal guardian. **Only school personnel are permitted to ride district transportation to and from athletic events, unless special permission is granted by the Principal or Athletic Director.**

Students are expected to be seated while the bus is in motion.

The following acts are prohibited on the school bus:

- The possession or use of drugs, alcohol, and all tobacco products.
- Throwing objects on the bus or from the bus.
- Profane or objectionable language or obscene gestures.
- Extending arms, or legs, or head out the window.
- Causing damage to the bus (student will be financially responsible and billed for the cost of repair).
- Opening the emergency door except by the direction of the driver or in cause of emergency when driver is incapacitated
- Eating or drinking on the bus except at approved times.

HAZING

Hazing is defined as any activity that recklessly or intentionally endangers the mental health, physical health or safety of a student or which willfully destroys or removes public or private property for the purpose of initiation or membership in or affiliation with any organization recognized by the Forbes Road School Board.

Endangering the physical health shall include but not be limited to any brutality of a physical nature, such as whipping, beating, branding, forced calisthenics; exposure to the elements; forced consumption of any food, alcoholic beverage, drug, or controlled substance; or other forced physical activity that could adversely affect the physical health or safety of the individual.

Endangering the mental health shall include any activity that would subject an individual to mental duress, such as prolonged sleep deprivation, forced prolonged exclusion from social contact, forced conduct which could result in extreme embarrassment, or any other forced activity which could adversely affect the mental health or dignity of the individual.

District V promotes a school environment that is free from hazing.

USE OF FACILITIES

Athletic facilities are available for coaches' use with their sports and should be scheduled through the AD. Student-athletes must be supervised at all times when using district facilities and coaches must make sure that students stay in the assigned area. Out of season use of school facilities must be approved by the and scheduled with the athletic director.

ATHLETIC FORMS

No student may begin practice in a sport without first having had a physical, parental consent, health insurance, and all forms required by the Forbes Road School District. The only valid certificate of consent is the PIAA C.I.P.P.E. form.

Athletic forms may be found on the school website frsd.info under forms and links and then under the athletic tab.

PHYSICAL EXAMINATION

The student is eligible only if there is a C.I.P.P.E. on file with the Forbes Road Principal by a licensed physician of medicine or osteopathic medicine, a certified school nurse practitioner, or a physician's assistant before the student begins practice for the first sports season of the academic year. After their original season and for each subsequent season, the athlete must fill out section 8 recertification.

PROCEDURE OF INCLEMENT WEATHER

If school is canceled or dismissed early to due weather conditions, all practices, open gyms, or contests are canceled. In special circumstances permission may be obtained from the superintendent to practice when school has been canceled.

COLLEGE BOUND STUDENT ATHLETE

All athletes planning on playing a sport at the college level must be registered with the NCAA Clearinghouse, including home-schooled students. The Clearinghouse will determine a **Core Course GPA**, based on grades in English, Math, Social Studies, and Science only.

Division I schools are based on a sliding scale. In other words, the lower the students Core GPA, the higher their SAT or cumulative ACT scores must be to be eligible.

Division II schools are based on set numbers. For instance, a 2.5 Core GPA requires a minimum 820 SAT or 68 cumulative ACT. If the student meets only one of the two required numbers, they can be a partial qualifier and practice but not compete.

Division III schools have higher academic standards and the student/athlete must meet the requirements of the individual institutions.

Typical milestones for the student/athlete:

1. Register with the Clearinghouse in their freshmen year.
2. Have SAT scores sent directly to the Clearinghouse.
3. Send a copy of transcripts at the end of their junior year (needs to include 6 semesters of work).
4. Send final, official transcript at end of their senior year.

Varsity Coach: _____ Date: _____

Junior High Coach: _____ Date: _____

Parent: _____ Date: _____

Athletic Director: _____ Date: _____

Principal: _____ Date: _____

RESPONSIBILITIES OF THE PARTICIPANTS/PARENTS/GUARDIANS/PUBLIC

The Participants/Parents/Guardians/Public shall follow the:

Athletic Code of Conduct

The Forbes Road School District views its extra-curricular athletic programs as extensions of the classroom. While these programs are also recreational, we hope students will learn worthwhile lessons of teamwork, discipline, hard work, cooperation, and physical fitness. The coach is considered first as a teacher, teaching skills and reinforcing the other qualities that we hope to see in participants. He/She has authority similar to that of a teacher in the classroom. Likewise, students and their parents also have an obligation to conduct themselves appropriately.

Since participation in extra-curricular activities is a privilege provided by the District, there is no such thing as a “right” to participate in interscholastic athletics. As such, the school has the authority to establish the parameters for the expectations for all those involved in the activities. The school holds these expectations for the athletic programs in the interest of maximizing the programs’ benefits to students and for their smooth operation.

We expect coaches and advisors to:

- Be knowledgeable of their activity and be able to demonstrate and reinforce its skills
- Always exemplify the very best courtesy, manners, and sportsmanship
- Be able to effectively work with the students on their teams in promoting harmony and cooperation
- Exhibit the highest possible level of fairness in dealing with all participants and parents
- Communicate effectively with participants and parents in matters related to the activity
- Take charge and make decisions as necessary to keep the activity running smoothly and efficiently
- Assume responsibility for the direction of the program at every level
- Support school policy with respect to attendance, academics, and operation of their program

We expect participants to:

- Respect the position and the requests of the coach
- Always exemplify the very best courtesy, manners and sportsmanship
- Adhere to and willingly follow the rules imposed by the coach
- To always give the very best possible effort in practice and at contests or performances
- To be faithful in attending practice and contest or performances
- Cooperate fully with the coach and teammates in striving to achieve the teams goals
- Give the very best effort and performance possible, both in practice and in contests
- Maintain acceptable behavior during both school and non-school hours
- Support team fundraisers as asked

We expect parents to:

- Support the position and authority of the coach/advisor as the person in charge of the activity
- Respect the coaches decisions regarding their sons/daughters playing time and game time strategies
- **Parents are not permitted to discuss playing time with a coach. ONLY players are permitted to do this.**
- Realize that the coach has authority with the team similar to that of the teacher in the classroom
- Help their child fulfill the expectations stated above
- Realize that participants may be disciplined or removed from the team for such acts as missing practices, unacceptable behavior, or failure to follow team or school rules
- **Arrange a private meeting with the coach/advisor apart from the time of practice and before/after contests to discuss matters which may be confrontational**
- Realize that participants may be expected to involve themselves in fund raising projects in support of the activity
- Expect and encourage their daughter/son to always exemplify the best effort and performance possible

- **Conduct themselves in a courteous manner when dealing with a coach, opposing players, (officials) or fans**
- Realize that parents and others are not permitted in the locker rooms before, during, or following a contest or practice except by invitation by the coach
- Realize that coaches can only communicate to the parent about their child.

COMPLAINT POLICY

The Forbes Road School District has taken reasonable steps to hire individuals to direct our extra-curricular programs. The Board feels that these individuals are competent and should perform their duties with limited distractions.

However, the Board recognizes that concerns do arise between parents and coaches/advisors. The Board, therefore, has created an organized, sequential complaint process to address these concerns. The Board feels that strict adherence to this policy will bring proper and immediate closure to any such concerns.

The procedure for processing complaints will be as follows:

1. Parents will request a face to face meeting with the coach/advisor.
2. In the event satisfaction is not reached, the parent may arrange a meeting with the athletic director and the coach/advisor.
3. In the event that the issue is not resolved, the parent may schedule a meeting with the principal, athletic director, and coach/advisor to address the concerns.
4. If the issues are still not resolved, the superintendent may meet with the parent to discuss these concerns.

A PARENT TO A COACH OR ADVISOR WILL NOT ADDRESS ISSUES OF GAME STRATEGY AND PLAYING TIME; NOR MAY THEY BE ADDRESSED THROUGH THE COMPLAINT PROCEDURES.

VIOLATORS OF THE ABOVE, ATHLETIC CODE OF CONDUCT, ARE SUBJECT TO DISCIPLINE, INCLUDING THE POSSIBILITY OF BEING BANNED FROM ATTENDING HOME FORBES ROAD SCHOOL DISTRICT EVENTS FOR A PERIOD OF ONE CALENDAR YEAR OR LONGER.

So that all persons might be aware of these expectations, participants and their parents must sign this document prior to the student participation in the first athletic activity of the year. The signatures of the participants and parents indicate acknowledgment of the terms of the athletic code of conduct. Violators of the above are subject to discipline, including the possibility of being banned from attending home Forbes Road School District athletic events for a period of one calendar year or longer. As applicable, both parents are to sign below.

_____	_____
Participant	Date
_____	_____
Parent	Date
_____	_____
Parent	Date
_____	_____
Coach	Date

DRUG TESTING POLICY

STUDENT DRUG TESTING POLICY

Forbes Road School District considers participating in athletic competition to be a privilege and not a right. Students choosing to participate in athletics are expected to accept the responsibilities, which accompany the privilege. Among these responsibilities is the obligation to be drug, alcohol, and nicotine-free on a year-round basis, for safety reasons. Toward this end, students participating in Forbes Road School District athletics are required to cooperate with and agree to test for drugs in accordance with this policy. (Supreme Court Ruling *Acton vs. Vernonia*)

REASONABLE SUSPICION TESTING

When district officials, including but not limited to administrative and/or professional employees, observe a student who reasonably appears to be under the influence of illegal drugs and/or controlled substances, or unfit for school or extracurricular activities, who poses a potential health and safety threat to him/herself or other substance abuse, they shall notify Administration. The reasonable appearance of being under the influence may include but not be limited to the following:

- appearance
- behavior
- speech
- body odor

RANDOM TESTING

Testing will be done without prior warning to the student. The dates of testing, the number of tests to be performed, and the identity of the students to be tested shall be determined by the district in its sole discretion, and may be performed at any time. This means that the random testing may occur before, during or after the sports season. Testing may also occur as many times throughout the year, as the district deems necessary.

The district may test up to 70% of each season's athletes randomly. Students selected for testing will be chosen at random by the Wheel of Names website. Testing can only be done by the district staff. Prior to any student being permitted to practice or participate in an athletic event, both the student and their parent or guardian must sign a consent form agreeing for the student to participate in drug testing, at any time during the athletic year as defined in this policy. If any student or parent/guardian declines to sign the form, then the student shall not be permitted to participate in a sport, the student shall be required to provide a properly executed consent before being allowed to practice or participate.

Sanctions are intended to apply to participation in P.I.A.A. sanctioned interscholastic sports and to a Forbes Road School District sponsored or sanctioned sports activity. If a student's test indicates that this policy has been violated, or if a student has been observed in possession of drugs or using drugs, or if a student refuses to take a test upon request, then the following sanctions shall apply:

First Offense:

The student shall be suspended from his/her team for the remainder of the season, including playoffs, for the particular sport wherein a positive test result is discovered.

Require the student, under parental supervision, to undergo D & A counseling with an outside professional agency approved by the district, without expense to the district.

Second Offense:

The student shall be prohibited from participating in interscholastic athletics for the duration of the year.

Reinstatement to student athletics – the student athlete will be required to take a drug test, at parent/guardian expense from a certified lab/hospital, and return a negative test reading before reinstatement to any participation in athletic recreation, practice or games.

DRUG AND ALCOHOL TESTING FOR STUDENT ATHLETES

PERMISSION TO TEST

The Forbes Road School District is committed to providing a safe, drug and alcohol free athletic program. We appreciate your support, encouragement, and cooperation. The cost of the test will be covered by the Forbes Road School District. Tests will be confidential. The selection process will be done by the Wheel of Names website or by a reasonable suspicion.

Please fill out the bottom of this page and return to your coach. Please print your name, address and your son/daughter's name. If any student or parent/guardian declines to sign the form, then the student will not be permitted to participate in this sport(s). If a student moves into the district after the first practice begins and wishes to participate in a sport, the student shall be required to provide a properly executed consent before being allowed to practice or participate.

I hereby give permission for the Forbes Road School District and/or designated Hospital to perform a drug and alcohol screen on my son/daughter. I realize the purpose and ramifications of the testing and will follow the guidelines set forth for positive tests.

I understand that my child will be required to comply with specific guidelines for further athletic consideration as set forth in this policy.

Parent/Guardian Name **(Please Print)** _____

Parent/Guardian Signature _____ Date _____

Address _____ Phone _____

Family Doctor _____ Pharmacy _____

Current Medications _____

As a student athlete, I agree to participate in the drug and alcohol testing program. I have read and understand the information provided in this permission to test form.

Student Name **(Please Print)** _____

Sport(S) _____ Grade _____

Student Signature _____ Date _____

Accident Report

Student's name _____

Grade _____ Date _____ Time of Accident _____

Place of accident _____

Supervised by _____

Nature of Injury (What part of the body was injured?)

How did it happen? _____

Action taken _____

Were parents notified? _____ By Whom? _____

Directions: Complete this accident form within 24 hours of the accident
And forward it to the Athletic Director.

Signature of person reporting the accident _____/Date _____

Athletic Director's Signature _____/Date _____